



Las Vegas'

Doctors

of the Desert

These Doctors Call The Shots

Articles by Jennifer Florendo, Photos by Connie Palen

Like our lives, the field of medicine is constantly evolving and on the move. From the advancement of electronic medical records to minimally invasive surgery to advances in adult orthodontic care to spider vein removal, getting the care that you need has never been easier or better.

With all of the options out there, finding the right doctor for you and your family can be overwhelming. Sometimes, it can be so frustrating that we often give up and ignore our medical needs all together. The end result of that is usually disastrous, requiring more treatment than we may have originally needed.

In this section, we profile doctors with specialties ranging from a periodontics and orthodontics to cardiology and vascular surgery to pediatrics, veins, spines and everything in between with a doctor of internal medicine. These doctors and surgeons tell us how they put patient care first, what their latest technological advances and techniques are and what they are most excited about in their fields. And just when you think that your doctor isn't human—the long hours, the years of schooling, the pressure to care for patients—they prove that they are in fact human by sharing what they do unwind, stay healthy and how they find balance in their lives.

With the right care and team of doctors, you can spend more time enjoying your health than watching it.

Syed F. Hussain, MD Internal Medicine

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Dr. Syed Hussain entered into the field of medicine with a purpose: To provide quality care to individuals and to practice evidence-based medicine. As a doctor of internal medicine, Hussain enjoys being a first responder to patients and the ability to refer them to a specialist, if needed.

Hussain has been practicing medicine in Las Vegas for over six years and recently opened his own practice. "The first thing I wanted to do was to make sure that we address whatever needs the patient has. To me, the most important piece is not to compromise the quality of care," says Hussain. "That is one of the reasons I've had patients for many years. Patients are coming back to see me because they have known me for a long time. I have a lot of patients where the whole family comes and sees me," says Hussain.

As a doctor, Hussain gets all sorts of free advice questions, mostly for the common problems like diet, exercise and lifestyle modifications. "A lot of people work

hard but obviously their life is missing one piece, the exercise, as well as common things like high blood pressure, high cholesterol, high glucose and diabetes," says Hussain.

Recently, Hussain was tasked with applying all of his experience, education and knowledge to caring for his own mother. When she became ill recently, Hussain was called upon to help treat her. "It was very challenging for me to apply all of my experience to my own mother," he says. "That was the most rewarding experience; that someone who helped in raising me as a child, now they need me and I am there. That's been the most rewarding experience I can think of."

Hussain is looking forward to the advancement of electronic medical records and how it will improve patient care. He says that it will cut down on issues that patients currently have with things like scheduling and prescriptions. For example, doctors can check insurance coverage on prescriptions and what the co-pay

would be. Laboratory results will come automatically into patient's files, reducing the waiting time. "In terms of time frame, we can get things done on time. I think it will improve care. Overall, I am looking forward to it," says Hussain. Electronic medical records will also deliver reminders to patients as to when they are due for exams, shots and other updates.

Outside of the medical clinic, Hussain is married with three young children and finds that balancing work and home can be a challenge, but is essential. "Sometimes it's very tough working many hours, being in the emergency room and covering nights, but it's still better to have a balanced family life because that is very important in terms of healthy relationships," concludes Hussain.

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